Office Name: Express Life Chiropractic Dr. Troy + Dr. Ashley Hayes

Practice Member Name	:			
Date of Accident:	Time of Accident:	City:		State:
Please con	tact YOUR car insurance compan	y and obtain the	e following info	ormation.
Do you have Medical Pay If Yes, coverage	on your Policy? YES NO amount: \$1,000 \$2,000	\$5,000	\$10,000	\$
Is your Medical Pay prima	ary? YES NO			
Personal Injury Claim #:				
	s Name:			
	i			
Insurance Company Nam	e, Address & Fax Number:			
Fax Number:				
Attorney Information				- North Hard P. Land
Have you retained an atto	orney? YES NO			2
Attorney Name:		Firm:		
Phone Number:		Fax:		
Other Driver (At Fault D	river) Insurance Information			
Name:		Claim #:		
At Fault Driver's Insurance	e Company Name & Address	₹		
	*			

Personal Injury Adjuster's	Name:			
Adjusters Phone Number:	*	Extension	1	

At Fault States: Alabama, Alaska, Arizona, Arkansas, California, Colorado, Connecticut, Delaware, Georgia, Idaho, Illinois, Indiana, Iowa, Louisiana, Maine, Maryland, Mississippi, Missouri, Montana, Nebraska, Nevada, New Hampshire, New Mexico, North Carolina, Ohio, Oklahoma, Oregon, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, Vermont, Virginia, Washington, West Virginia, Wisconsin & Wyoming

Express Life Chiropractic Automobile/PI Accident or Work Comp Questionnaire

Patient's Name		Date of Birth	HR#:
Dear Patient: This information is considered conf We will not accept your case if we conderstand your condition properly Thank you.	do not believe your conditior	will respond satisfactorily to care.	In order for us to
Please answer all questions compl	etely.		
Please explain in detail how your ac	ccident happened:		
			1
·			
What were the time and date of pr	esent injury?	-	
Where did you feel pain immediate	ely after the accident?		
List the extent of your injuries as yo	ou know them:		2
			11
A STATE OF THE STA		*	
Did you require post-accident hosp Check symptoms you have noticed			
Headache	Dizziness	Depression	Fatigue
Light Bothers Eyes	Buzzing in Ears	Diarrhea	Neck Pain
Head Seems to Heavy	Memory Loss	Feet Cold	Neck Stiff
Pins and Needles in Arms	Ears Ring	Hands Cold	Fainting
Sleeping Problems	Back Pain	Face Flushed	Loss of Balanc
Pins and Needles in Legs	Constipation	Tension	Nervousness
Numbness in Fingers	Loss of Smell	Fever	Irritability
Numbness in Toes	Loss of Taste	Chest Pain	Cold Sweats
Shortness of Breath	Stomach Upset		
Symptoms other than above:		·	
· · · · · · · · · · · · · · · · · · ·			
Where were you taken after the ac	cident?		······································
Hospitalized? ☐ Yes ☐ No If	yes, admitted? How	ong?	
Name of Hospital:		4	
Name of Doctor(s):			
What treatment was given?			

Patient's Name	Date of Birth	HR#:
Was any other doctor consulted after your accident? ☐ Yes ☐ No		
If so, what was the doctor's name?	D.C	., M.D., D.O., D.D.S.
What was the diagnosis?		
What treatment was given?		
How often did you see the doctor?		
How long did you see the doctor?		
Have you ever had any complaints in the involved area before? ☐ Yes	- E	
If so, what were the complaints?	7	F X
Before the injury were you capable of working on an equal basis with o		
Are your work activities restricted as a result of this accident? Yes		
Since this injury are your symptoms Improving? Getting wors	se? 🗆 Same?	
Driver of other vehicle (if any):	8	
Name Insurance Company	Policy No.	
Driver of vehicle in which you were injured (if applicable):		
Name Insurance Company	Policy No.	
Name of your insurance adjustor		
Have you retained an attorney? ☐ Yes ☐ No	, X	
If so, his/her name and address		
You were heading North/ East/ South/ West on	*	
Other vehicle was heading North/ East/ South/ West on		*
Were police notified? ☐ Yes ☐ No	g +:	_ (succession ingitway)
Were you knocked unconscious? ☐ Yes ☐ No If yes, for how long	Con	
You were struck from Behind/ Front/ Left Side/ Right Side		
	-	
You were Driver/ Passenger/ Front seat/ Back Seat/ Using seat belts _		
Patient Signature	Date	
Doctor Signature	Date	

Page 2 of 2

ACTIVITIES OF DAILY LIVING

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

ACTIVITY:	ACTIVITY:		EFF	ECT:
Carrying Groceries	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sit to Stand	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Climbing Stairs	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Pet Care	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Driving	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Extended Computer Use	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Household Chores	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Lifting Children	□ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Dressing	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Shaving	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sexual Activities	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sleep	□ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Static Sitting	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Static Standing	□ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Walking	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Washing/Bathing	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sweeping/Vacuuming	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Dishes	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Laundry	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Yard work	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Garbage	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Concentration (Reading)	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Other:	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Other:	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Signature:			Date	7/

QUADRUPLE VISUAL ANALOGUE SCALE

Patient Name								Date _	
Please read carefully:		A		Ę					4150
nstructions: Please circle	the numbe	er that bes	t describe	s the questi	ion being	asked.			
Note: If you have more complaint. Pleas	than one co	omplaint,	please and	swer each o	question fo	or each in	dividual co	mplaint an	d indicate the score for each
Example:		om pani	iv vi rigii		ago pam, t	and puin	at its bost at	id worst.	
	Headache			Neck			Low Back		A
No pain 0 1	2	3	4)	5	6	7	8	9	worst possible pain 10
1 – What is you	r pain RIG	HTNOV	W?						,
No pain1	2	3	4	5	6	7	8	- 9	worst possible pain
					TOTAL STATE				
2 – What is you	r TYPICA	L orAVI	ERAGE p	ain?					
No pain					6	7	Q		worst possible pain
	r TYPICA	L or AVI	ERAGE p	ain?	6	7	8	9	worst possible pain
No pain	2	3	4	5	6 o "0" doe				
No pain 0 1 3 – What is you	2	3	4	5	6 o "0" doe				10
No pain 0 1 3 – What is you	2	3	4	5	6 o "0" doe				
No pain 0 1 3 – What is you	r pain leve	3 IAT ITS	BEST (H	5 ow close to	6	s your pa	ain get at it	s best)?	worst possible pain
No pain 0 1 3 – What is you 0 1 4 – What is you	r pain leve	3 IAT ITS	BEST (H	5 ow close to	6	s your pa	ain get at it	s best)?	worst possible pain 10 st)?
No pain 0 1 3 – What is you 0 1	r pain leve	3 IAT ITS	BEST (H	5 ow close to	6	s your pa	ain get at it	s best)?	worst possible pain
No pain 3 – What is you No pain 4 – What is you No pain 0 1	r pain leve	3 IAT ITS 3	4 BEST (H 4 WORST	5 ow close to	6 se to "10"	s your pa	ain get at it 8	s best)? 9 at its wors	worst possible pain 10 st)?
No pain 0 1 3 – What is you No pain 0 1 4 – What is you	r pain leve	3 IAT ITS 3	4 BEST (H 4 WORST	5 ow close to	6 se to "10"	s your pa	ain get at it 8	s best)? 9 at its wors	worst possible pain 10 st)?

PERSONAL INJURY LIEN

Patient Name:	
Date of Accident:	
I hereby authorize and direct:	
Name of Attorney:	
Attorney's Address:	
Attorney's Phone:	1
Attorney's Signature:	
to pay directly to <u>Express Life Chiropractic</u> such sums as owing for treatment rendered to me, both by reason of this accident and other bills that are due to <u>Express Life Chiropractic</u> to withle any settlement, judgment or verdict as may be necessary to adequately gany and all proceeds of any settlement, the result of the injuries for which or injuries in connection therewith. I fully understand that I am directly and fully responsible to <u>ExpreChiropractic</u> for all medical bills submitted for services rendered to agreement is made solely for <u>Express Life Chiropractic</u> for protection and in consideration of awaiting payment. I further understar is to eventually recover said fee.	by reason of any hold such sums from ive a lien on my case in I have been treated ss Life me and that this for additional
Patient's Signature	Date
Countersigned/Witnessed by Staff	Date

ASSIGNMENT OF BENEFITS, ASSIGNMENT OF RIGHTS TO PURSUE PERSONAL INJURY, WORK COMP, ERISA, AND OTHER LEGAL AND ADMINISTRATIVE CLAIMS ASSOCIATED WITH MY HEALTH INSURANCE AND /OR HEALTH BENEFIT PLAN (INCLUDING BREACH OF FIDUCIARY DUTY) AND DESIGNATION OF AUTHORIZED REPRESENTATIVE

Provider Name: Dr. Troy Hayes D.C. Clinic: Express Life Chiropractic

Address: 8550 Andermatt Dr. Ste 2 Lincoln, NE 68526

I hereby assign and convey directly to the above-named health care provider, as my designated authorized representative, any and all medical benefits and/or any insurance reimbursement, if any, otherwise payable to me for services, treatments, therapies, and/or medications rendered or provided by the above-named health care provider, regardless of its managed care network participation status. I understand that I am financially responsible for all charges regardless of any applicable insurance or benefit payments. I hereby authorize the above-named health care provider to release all medical information necessary to process my claims. Further, I hereby authorize my plan administrator fiduciary, insurer, and/or attorney to release to the above-named health care provider any and all Plan documents, summary benefit description, insurance policy, and/or settlement information upon written request from the above-named health care provider or its attorneys in order to claim such medical benefits.

In addition to the assignment of all medical benefits and/or insurance reimbursement above, I also assign and/or convey to the above named health care provider any legal or administrative claim or chose an action arising under any group health plan, employee benefits plan, health insurance or tort feasor insurance concerning medical expenses incurred as a result of the medical services, treatments, therapies, and/or medications I receive from the above-named health care provider (including any right to pursue those legal or administrative claims or chose an action). This constitutes an express and knowing assignment of ERISA breach or fiduciary duty claims and other legal and/or administrative claims.

I intend by this assignment and designation of authorized representative to convey to the above-named provider all of my rights to claim (or place a lien on) the medical benefits related to the services, treatments, therapies, and/or mediations provided by the above-named health care provider, including rights to any settlement, insurance or applicable legal or administrative remedies (including damages arising from ERISA breach of fiduciary duty claims). The assignee and/or designated representative (above-named provider) is given the right by me to (1) obtain information regarding the claim to the same extent as me; (2) submit evidence; (3) make statements about facts or law; (4) make any request including providing or receiving notice of appeal proceedings; (5) participate in any administrative and judicial actions and pursue claims or chose in action or right against any liable party, insurance company, employee benefit plan, health care benefit plan, or plan administrator. The above-named provider as my assignee and my designated authorized representative may bring suit against any such health care benefit plan, employee benefit plan, plan administrator or insurance company in my name with derivative standing at provider's expense.

Unless revoked, this assignment is valid for all administrative and judicial reviews under PPACA (health care reform legislation), ERISA, Medicare and applicable federal and state laws. A photocopy of this assignment is to be considered valid, the same as if it was the original.

I HAVE READ AND	FULLY UNDERSTAND THIS AGREEMENT.
Patient Signature	
Date	_

EXPRESS LIFE CHIROPRACTIC HEALTH PROFILE

Name		_Date/Age	Male/Female
Address	City	State Zip_	
Phone: Home	Cell	Date of Birth	
Email Address			
For confirming appts, would you prefer?	TEXT (cell carrier:) or EN	//AIL
Occupation_	Employer	's Name	
Single / Married / Divorced / Widowed	Spouse's Nan	me	
Number of ChildrenNames, Ag	es & Gender		
Social Security Number			
Who may we thank for referringyou?		in harmonio a shubinto veneva timi a na okvento il provide jimo il njimo iliki (tova s year	Projection and the Control of the Co
To that end, we ask that you acknowledge the through this clinic: A. Chiropractic is a very specific science, as separate and distinct science, art and property and the inheritance of	ractice. It is not the practice of rent healing power of the huncation(s). Subluxations are deal nerve processes. It defined in the law of this juriof the spine with the specific of over one million times each devaluation is part of the stand chiropractic needs. If durioill receive a prompt referral formulation of medical conditions and self-care, etc., is essential	pinal health concerns and needs. f medicine. man body by restoring normal neviations from normal spinal struisdiction, involves the applicatio intent of re-positioning misalign and doctors of chiropractic in the thiropractic procedure. The thiropractic procedure of the thiropractic provider or specification of the type (s) of health. We do not offer advice regarding to maximum healing and optimate to maximum healing and optimate.	erve functions uctures and on of a specific ned spinal segments. the United States alone. The goal of this process is or question outside the pecialist, according to the professionals. They ng treatment al health though
G. We invite you to speak frankly to the do what we work to maintain as a support		your care at this facility, its flatti	re, uurauon, or cost, in
By my signature below, I have read and fully	understand the above stater	nents.	
All questions regarding the doctor's objective therefore accept chiropractic care on this based on the control of the control		nis office have been answered to	o my satisfaction. I
(Signature)		(Date)	

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Notice of Privacy Practices Acknowledgement

I understand that I have certain rights of privacy regarding my protected health information, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA). I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who
 may be involved in that treatment directly and indirectly.
- 2. Obtain payment from third-party payers.
- 3. Conduct normal healthcare operations, such as quality assessments and physician's certifications.

I acknowledge that I may request your NOTICE OF PRIVACY PRATICES containing a more complete description of the uses and disclosures of my health information. I also understand that I may request, in writing, that you restrict how my private information is used to disclosed to carry out treatment, payment, or healthcare operation. I also understand you are not required to agree to my requested restrictions, but if you agree, then you are bound to abide by such restrictions.

(10) Her	V
(Signature)	(Date)

Personal Injury/Auto Accident/Workers Comp. Policies and Fee Schedule

- o <u>Consultation</u>- includes practice member history. This service is complimentary
- o <u>Assessment</u> (new or established practice member)- includes one or more of the following: thermography, orthopedic/neurological evaluation, range of motion, motion and/or static palpation, leg check \$250-\$320.
- o <u>Chiropractic Adjustment</u>- The actual re-alignment of the vertebra done by hand and/or instrument. Often a sound will be heard, but if there is no auditory result, it does not mean that the adjustment has not taken place. \$80-\$120.
- o <u>X-rays-</u> Specific x-ray views taken of your spine to determine a misalignment/subluxation of your vertebrae. These can also be used to indicate progress after period of care. \$60 per view. Reproduction of X-rays are \$15 per copy.

Release of Authorization/Assignment of Benefits

I authorize and request payment of insurance benefits directly to Troy Hayes, D.C. I agree that this authorization will cover all services rendered until I revoke the authorization. I agree that a photocopy of this form may be used in place of the original. All professional services rendered are charged to the patient. It is customary to pay for services when rendered unless other arrangements have been made in advance.

A quote of benefits and/or authorization does not guarantee payment or verify eligibility. Payment of benefits are subject to all terms, conditions, limitations, and exclusions of the practice member's insurance at the time of service. Your health/auto insurance company will only pay for services that it determines to be "reasonable and necessary." Every effort will be made by this office to have all services and procedures pre authorized by your health/auto insurance company. If your health insurance company determines that a particular service is not reasonable and necessary, or that a particular service is not covered under the plan, your insurer will deny payment for that service. If my health/auto insurance company denies payment (in whole or in part), I understand that I am personally and fully responsible for payment. I also understand that if my health/auto insurance company does make payment for services, I will be responsible for any copayment, deductible, out of pocket, or coinsurance that applies.

I understand that I am financially responsible for cl	harges not covered by this assignment.	
Signature	Date	

INFORMED CONSENT FOR CHIROPRACTIC CARE

CHIROPRACTIC CARE, LIKE ALL FORMS OF HEALTH CARE WHILE OFFERING CONSIDERABLE BENEFITS MAY ALSO PROVIDE SOME LEVEL OF RISK. THIS LEVEL OF RISK IS MOST OFTEN VERY MINIMAL, YET IN RARE CASES, INJURY HAS BEEN ASSOCIATED WITH CHIROPRACTIC CARE. THE TYPES OF COMPLICATIONS THAT HAVE BEEN REPORTED SECONDARY TO CHIROPRACTIC CARE INCLUDE: SPRAIN/STRAIN INJURIES, IRRITATION OF A DISC CONDITION, AND RARELY, FRACTURES. ONE OF THE RAREST COMPLICATIONS ASSOCIATED WITH CHIROPRACTIC CARE OCCURRING AT A RATE BETWEEN ONE INSTANCE PER ONE MILLION TO ONE PER TWO MILLION CERVICAL SPINE (NECK) ADJUSTMENTS MAY BE A VERTEBRAL INJURY THAT COULD LEAD TO A STROKE.

PRIOR TO RECEIVING CHIROPRACTIC CARE IN THIS CHIROPRACTIC OFFICE, A HEALTH HISTORY AND PHYSICAL EXAMINATION WILL BE COMPLETED. THESE PROCEDURES ARE PERFORMED TO ASSESS YOUR SPECIFIC CONDITIONS, YOUR OVERALL HEALTH AND IN PARTICULAR YOUR SPINAL HEALTH. THESE PROCEDURES WILL ASSIST US IN DETERMINING IF CHIROPRACTIC CARE IS NEEDED, OR IF ANY FURTHER EXAMINATIONS OR STUDIES ARE NEEDED. IN ADDITION, THEY WILL HELP US DETERMINE IF THERE IS ANY REASON TO MODIFY YOUR CARE OR PROVIDE YOU WITH A REFERRAL TO ANOTHER HEALTH CARE PROVIDER. ALL RELEVANT FINDINGS WILL BE REPORTED TO YOU ALONG WITH A CARE PLAN PRIOR TO BEGINNING CARE.

I UNDERSTAND AND ACCEPT THAT THERE ARE RISKS ASSOCIATED WITH CHIROPRACTIC CARE AND GIVE CONSENT TO THE EXAMINATION THAT THE DOCTOR DEEMS NECESSARY AND THE CHIROPRACTIC CARE, INCLUDING SPINAL ADJUSTMENTS, AS REPORTED FOLLOWING MY ASSESSMENT.

PRINT PRACTICE MEMBER'S NAME HERE	
PRACTICE MEMBER'S SIGNATURE	DATE
IF PRACTICE MEMBER IS A MINOR/CHILD, PARENT	OR GUARDIAN MUST SIGN BELOW.
SIGNATURE OF PRACTICE MEMBER OR GUARDIAN	DATE
RELATIONSHIP TO MINOR/CHILD	
WITNESS SIGNATURE (OFFICE STAFF)	DATE

XRAY AUTHORIZATION

AS YOUR HEALTHCARE PROVIDER, WE ARE LEGALLY RESPONSIBLE FOR YOUR CHIROPRACTIC RECORDS. WE MUST MAINTAIN A RECORD OF YOUR X-RAYS IN OUR FILES.

AT YOUR REQUEST, WE WILL PROVIDE YOU WITH A COPY OF YOUR X-RAYS IN OUR FILES. HOWEVER, THE REPRODUCTION OF X-RAYS THERE WILL BE \$15 SURCHARGE FOR THE DUPLICATION OF X-RAYS.

PLEASE NOTE: IF CLINICALLY NECESSARY X-RAYS ARE UTILIZED IN THIS OFFICE TO HELP LOCATE AND ANALYZE VERTEBRAL SUBLUXATIONS. THESE X-RAYS ARE NOT USED TO INVESTIGATE FOR MEDICAL PATHOLOGY. THE DOCTORS OF EXPRESS LIFE CHIROPRACTIC DO NOT DIAGNOSE OR TREAT MEDICAL CONDITIONS; HOWEVER, IF ANY ABNORMALITIES ARE FOUND, WE WILL BRING IT TO YOUR ATTENTION SO THAT YOU CAN SEEK PROPER MEDICAL ADVICE.

BY SIGNING BELOW, YOU ARE AGREEING TO THE ABOVE TERMS AND CONDITIONS. PRINT YOUR NAME HERE DATE SIGNATURE YOUR AGE FEMALE PATIENTS ONLY: TO THE BEST OF MY KNOWLEDGE, I BELIEVE I AM NOT PREGNANT AT THE TIME X-RAYS ARE TAKEN AT EXPRESS LIFE CHIROPRACTIC. SIGNATURE DATE DO NOT WRITE BELOW THIS LINE For Office Use Only: Notes;

CA Initials:

PDR Date: