# Office Name: <u>Express</u> Life Chiropractic Doctor(s) Name: Dr. Troy + Dr. Ashley Hayes

Practice Member Name:		77	
Date of Accident: Time of Accident:	City:		State:
Please contact YOUR car insurance compan	y and obtain the fo	llowing inf	ormation.
Do you have Medical Pay on your Policy? YES NO If Yes, coverage amount: \$1,000 \$2,000	\$5,000		\$
Is your Medical Pay primary? YES NO			
Personal Injury Claim #:			a s
Personal Injury Adjuster's Name:		J.	
Adjusters Phone Number:			
Insurance Company Name, Address & Fax Number:		6	
Fax Number:	-2		
ttorney Information			
Have you retained an attorney? YES NO			7
Attorney Name:	Firm:		9
Phone Number:			
ther Driver (At Fault Driver) Insurance Information	rdx,		
lame:	Claim #:		4
t Fault Driver's Insurance Company Name & Address	** ***		
ersonal Injury Adjuster's Name:		<del>7</del>	
djusters Phone Number:	Extension		

At Faull States: Alabama, Alaska, Arizona, Arkansas, California, Colorado, Connecticut, Delaware, Georgia, Idaho, Illinois, Indiana, Iowa, Louisiana, Maine, Maryland, Mississippi, Missouri, Montana, Nebraska, Nevada, New Hampshire, New Mexico, North Carolina, Ohio, Oklahoma, Oregon, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, Vermont, Virginia, Washington, West Virginia, Wisconsin & Wyoming

## Express Life Chiropractic 8550 Andermatt Dr. Ste 2, Lincoln, NE 68526

## Car Wreck Questionnaire

Patient Name Date:
Date of Accident:
Your Position in Vehicle: Driver Passenger Seat Back Seat Other:
Vehicle Type (you were in) Year/Make/Model:
Speed of vehicle (you were in):
Speed of vehicle (Other vehicle/vehicles):
Collision Direction: Rear Ended T-Boned Hit in Side Driver/Passenger Other:
Was there a second collision: Yes No If Yes, Explain:
Your Body Position at Collision (ie: Head Forward):
Did the airbags deploy: Yes No
Did your body make contact with the inside of the car: Yes No  If Yes, Explain:
Was your vehicle towed: Yes No
Did you go to the ER or an Urgent Care? Yes, where & how:No
When is the first time you are seeking medical care?
Were you aware the accident was going to happen?

## Express Life Chiropractic Automobile/PI Accident or Work Comp Questionnaire

Patient's Name		Date of Birth	Social Security Number
Dear Patient: This information is considered conwill not accept your case if we do condition properly, please be as no Thank you.	not believe your condition w	nelp us determine if chiropractic care ill respond satisfactorily to care. In o while completing this form.	e can help your condition. We order for us to understand your
Please answer all questions comp	letely.		
Please explain in detail how your a	ccident happened:		
What were the time and date of pr	resent injury?		
Where did you feel pain immediate	ely after the accident?		
Did you require post-accident hosp  Check symptoms you have noticed			
Headache Light Bothers Eyes Head Seems to Heavy Pins and Needles in Arms Sleeping Problems Pins and Needles in Legs Numbness in Fingers Numbness in Toes Shortness of Breath	Dizziness Buzzing in Ears Memory Loss Ears Ring Back Pain Constipation Loss of Smell Loss of Taste Stomach Upset	Depression Diarrhea Feet Cold Hands Cold Face Flushed Tension Fever Chest Pain	Fatigue Neck Pain Neck Stiff Fainting Loss of Balance Nervousness Irritability Cold Sweats
Hospitalized? ☐ Yes ☐ No If y			
Name of Hospital:			
Name of Doctor(s):			

Patient's Name	Date of Birth	HR#:
Was any other doctor consulted after your accident? ☐ Yes ☐ No		
If so, what was the doctor's name?		D.C., M.D., D.O., D.D.S
What was the diagnosis?		
What treatment was given?		\$\frac{1}{2}
How often did you see the doctor?		7
How long did you see the doctor?		
Have you ever had any complaints in the involved area before?   Yes   No		3
If so, what were the complaints?		
Before the injury were you capable of working on an equal basis with others yo		
Are your work activities restricted as a result of this accident? \(\Delta\) Yes \(\Delta\) No		e * * :
Since this injury are your symptoms   Improving?   Getting worse?	Same?	x
Driver of other vehicle (if any):	5	
Name Insurance Company	Policy N	No.
Driver of vehicle in which you were injured (if applicable):		
NameInsurance Company	Policy N	No
Name of your insurance adjustor		
Have you retained an attorney? ☐ Yes ☐ No		
f so, his/her name and address		
ou were heading North/ East/ South/ West on		5 3
Other vehicle was heading North/ East/ South/ West on	5	(street or highway
Were police notified? ☐ Yes ☐ No	N A	(
Vere you knocked unconscious?   Yes   No If yes, for how long?		
ou were struck from Behind/ Front/ Left Side/ Right Side		
ou were Driver/ Passenger/ Front seat/ Back Seat/ Using seat belts		
atient Signature	Date	
octor Signature		

## ACTIVITIES OF DAILY LIVING

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

ACTIVITY:		5.1- * S. <sup>3</sup>	EFF	ECT:
Carrying Groceries	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sit to Stand	🗖 No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Climbing Stairs	☐ No Effect		☐ Painful (limits)	☐ Unable to Perform
Pet Care	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
<b>Driving</b>	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Extended Computer Use	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Household Chores	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Lifting Children	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Dressing	□ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Shaving	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sexual Activities	And the state of t	☐ Painful (can do)		☐ Unable to Perform
Sleep	☐ No Effect	☐ Painful (can do)	the second control of	☐ Unable to Perform
Static Sitting	□ No Effect	☐ Painful (can do)		☐ Unable to Perform
Static Standing	☐ No Effect	☐ Painful (can do)		Unable to Perform
Walking	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Washing/Bathing	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Sweeping/Vacuuming	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Dishes	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Laundry	☐ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Yard work	□ No Effect	☐ Painful (can do)	☐ Painful (limits)	☐ Unable to Perform
Garbage	230 V 5		4 17 27 2 3 4 30 40 40 40 40 40 40 40 40 40 40 40 40 40	☐ Unable to Perform
Concentration (Reading)	9 10 18 20 19	☐ Painful (can do)		☐ Unable to Perform
Other:	7 TO 1	☐ Painful (can do)	r a % g	
Other:	les.	52 170	01. 7.11	☐ Unable to Perform
VIIIII and the second	LI NO Ellect	ப Painīui (can do)	☐ Painful (limits)	☐ Unable to Perform
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Signature:			Date /	/

### QUADRUPLE VISUAL ANALOGUE SCALE

ote:	If you have r the score for worst.	nore than r each com	one comp plaint. Pl	olaint, ple ease indi	ease answ cate your	er each pain lev	question el right no	for each i ow, avera	individual ige pain, a	complaint and indicate and pain at its best and
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	pain 0	1	2	3	4	5	6	7	8	worst possible 9 10
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o pain							(6)		V	worst possible
	pain 0	1	2	3	4	5	6	7	8	9 10
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94	2 – What is y	our TYPICA	AL or AVE	RAGE pa	in?			51		
	*						14.2			
o pain										worst possible
	pain 0	1	2	3	4	5	6	7	8	9 10
2063				5	- E					
(%)					¥					
1060	3 – What is yo	our pain le	vel AT ITS	S BEST (H	low close	to "0" d	oes your	pain get	at its bes	st)?
300	3 – What is yo	our pain le	vel AT ITS	S BEST (H	low close	to "0" d	oes your	pain get	at its bes	st)?
	3 – What is yo	our pain le	vel AT ITS	S BEST (H	low close	to "0" d	oes your	pain get	at its bes	<b>S</b>
pain	3 – What is yo pain 0	our pain le 1	vel AT ITS	BEST (H	low close	to "0" d	oes your	pain get	at its bes	
pain							4.5	36		worst possible
pain							4.5	36		worst possible
pain	pain 0	1	2	3	4	5	6	7	8	worst possible 9 10
pain		1	2	3	4	5	6	7	8	worst possible 9 10
pain	pain 0	1	2	3	4	5	6	7	8	worst possible 9 10
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Express Life Chiropractic 8550 Andermatt Dr. Ste. 2 Lincoln, NE 68526-9781

Final Lien	Amount:	
Claim No.		

## NOTICE OF DOCTOR'S LIEN

I hereby authorize and instruct my a	ttorney &/or insurance ca	arrier,
Express Life Chiropractic in relation on or about once a settle available or disbursed.	on to my personal injury t	amount of services rendered by creatment arising from my accident ed and those funds are made
I understand that I am directly and for Chiropractic for services rendered to I understand that I am responsible Chiropractic, regardless of whether or third party, and that my obligation conditioned upon any settlement of very limited to the conditioned upon any settlement of very lin	to me with respect to any for the payment of all so or not I receive any proper and liability to <b>Expre</b>	y personal injury treatment. Further services rendered by <b>Express Life</b> ceeds from any insurance company
I agree to promptly notify <b>Express</b> attorney for this accident.	Life Chiropractic of an	y changes in my representation or
By signing below, I acknowledge and full amount owed for any and all serv	d agree to this lien in favorices rendered to me by	or of <b>Express Life Chiropractic</b> the <b>Express Life Chiropractic</b> .
I acknowledge that Express Life Chi or make payments toward of services such, Express Life Chiropractic may be me while this lien is in force. Addit of Express Life Chiropractic, the e sole responsibility, and Express Life	s rendered, and that it is lay, at any time, seek pay itionally, if my attorney fantine balance related to	being done solely as a courtesy. As ment for any and all amounts owed alls to acknowledge this lien in favor
	Print Practice Members	Name
	Practice Member Signa	ture
	Date	
Acknowledged by Attorney this	day of	, 20
Attorney Signature		

# ASSIGNMENT OF BENEFITS, ASSIGNMENT OF RIGHTS TO PURSUE PERSONAL INJURY, WORK COMP, ERISA, AND OTHER LEGAL AND ADMINISTRATIVE CLAIMS ASSOCIATED WITH MY HEALTH INSURANCE AND /OR HEALTH BENEFIT PLAN (INCLUDING BREACH OF FIDUCIARY DUTY) AND DESIGNATION OF AUTHORIZED REPRESENTATIVE

Provider Name: Dr. Troy Hayes D.C. Clinic: Express Life Chiropractic

Address: 8550 Andermatt Dr. Ste 2 Lincoln, NE 68526

I hereby assign and convey directly to the above-named health care provider, as my designated authorized representative, any and all medical benefits and/or any insurance reimbursement, if any, otherwise payable to me for services, treatments, therapies, and/or medications rendered or provided by the above-named health care provider, regardless of its managed care network participation status. I understand that I am financially responsible for all charges regardless of any applicable insurance or benefit payments. I hereby authorize the above-named health care provider to release all medical information necessary to process my claims. Further, I hereby authorize my plan administrator fiduciary, insurer, and/or attorney to release to the above-named health care provider any and all Plan documents, summary benefit description, insurance policy, and/or settlement information upon written request from the above-named health care provider or its attorneys in order to claim such medical benefits.

In addition to the assignment of all medical benefits and/or insurance reimbursement above, I also assign and/or convey to the above named health care provider any legal or administrative claim or chose an action arising under any group health plan, employee benefits plan, health insurance or tort feasor insurance concerning medical expenses incurred as a result of the medical services, treatments, therapies, and/or medications I receive from the above-named health care provider (including any right to pursue those legal or administrative claims or chose an action). This constitutes an express and knowing assignment of ERISA breach or fiduciary duty claims and other legal and/or administrative claims.

I intend by this assignment and designation of authorized representative to convey to the above-named provider all of my rights to claim (or place a lien on) the medical benefits related to the services, treatments, therapies, and/or mediations provided by the above-named health care provider, including rights to any settlement, insurance or applicable legal or administrative remedies (including damages arising from ERISA breach of fiduciary duty claims). The assignee and/or designated representative (above-named provider) is given the right by me to (1) obtain information regarding the claim to the same extent as me; (2) submit evidence; (3) make statements about facts or law; (4) make any request including providing or receiving notice of appeal proceedings; (5) participate in any administrative and judicial actions and pursue claims or chose in action or right against any liable party, insurance company, employee benefit plan, health care benefit plan, or plan administrator. The above-named provider as my assignee and my designated authorized representative may bring suit against any such health care benefit plan, employee benefit plan, plan administrator or insurance company in my name with derivative standing at provider's expense.

Unless revoked, this assignment is valid for all administrative and judicial reviews under PPACA (health care reform legislation), ERISA, Medicare and applicable federal and state laws. A photocopy of this assignment is to be considered valid, the same as if it was the original.

I HAVE KEAD AND FU	LLY UNDERSTAND THIS AGREEMENT.
Patient Signature	

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## Personal Injury (Car Accident) Card on File

I,, understand that not paying up front for a car accident/bodily injury/worker's comp case is a courtesy to me and I give Express Life Chiropractic permission to run my card on file in the event that the Auto Insurance third party payer discontinues the PI case during the open PI claim or I stop communication with Express Life Chiropractic and/or my adjuster for my claim. I understand I am personally responsible for all of the services already rendered including, but not limited to exams, xrays, adjustments etc. and any balance due will be determined once all explanation of benefits have been received or by thirty days after notice of discontinuation or last time communication. I understand that I am also responsible for charges if the third party decides that care is not related to the accident or not medically necessary.  *If card doesn't go through, Express Life Chiropractic will send my case to collections for services rendered.
Signature:
Date:
FLC Team Member

Notice of Privacy Practices Acknowledgement

I understand that I have certain rights of privacy regarding my protected health information, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA). I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who
  may be involved in that treatment directly and indirectly.
- Obtain payment from third-party payers.
- 3. Conduct normal healthcare operations, such as quality assessments and physician's certifications.

I acknowledge that I may request your NOTICE OF PRIVACY PRATICES containing a more complete description of the uses and disclosures of my health information. I also understand that I may request, in writing, that you restrict how my private information is used to disclosed to carry out treatment, payment, or healthcare operation. I also understand you are not required to agree to my requested restrictions, but if you agree, then you are bound to abide by such restrictions.

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(Signature)		(Date)
	Englishment of the land of the land	

### Personal Injury/Auto Accident/Workers Comp. Policies and Fee Schedule

- o Consultation- includes practice member history. This service is complimentary
- o Assessment (new or established practice member)- includes one or more of the following: thermography, orthopedic/neurological evaluation, range of motion, motion and/or static palpation, leg check \$250-\$320.
- o <u>Chiropractic Adjustment</u>- The actual re-alignment of the vertebra done by hand and/or instrument. Often a sound will be heard, but if there is no auditory result, it does not mean that the adjustment has not taken place. \$80-\$120.
- X-rays- Specific x-ray views taken of your spine to determine a misalignment/subluxation of your vertebrae. These can also be used to indicate progress after period of care. \$60 per view. Reproduction of X-rays are \$15 per copy.

#### Release of Authorization/Assignment of Benefits

I authorize and request payment of insurance benefits directly to Troy Hayes, D.C. I agree that this authorization will cover all services rendered until I revoke the authorization. I agree that a photocopy of this form may be used in place of the original. All professional services rendered are charged to the patient. It is customary to pay for services when rendered unless other arrangements have been made in advance.

A quote of benefits and/or authorization does not guarantee payment or verify eligibility. Payment of benefits are subject to all terms, conditions, limitations, and exclusions of the practice member's insurance at the time of service. Your health/auto insurance company will only pay for services that it determines to be "reasonable and necessary." Every effort will be made by this office to have all services and procedures pre authorized by your health/auto insurance company. If your health insurance company determines that a particular service is not reasonable and necessary, or that a particular service is not covered under the plan, your insurer will deny payment for that service. If my health/auto insurance company denies payment (in whole or in part), I understand that I am personally and fully responsible for payment. I also understand that if my health/auto insurance company does make payment for services, I will be responsible for any copayment, deductible, out of pocket, or coinsurance that applies.

I understand that I am financially responsible for charges not covered by this	s assignment.
Signature	Date_

## EXPRESS LIFE CHIROPRACTIC HEALTH PROFILE

Name			Date /	/ / / /	no t for
Address			St		Male/Female
Phone: Home		5.1 11.50 12			
Email Address	\$ 60 at		Date	O'Blitti	
For confirming appts, would	× .	KT (cell carrier:	1.	OY	1 40 200 44 0
Occupation	A-1	16 U-11000-0-01			<b>/</b> AIL
Single / Married / Divorced /	V.				
Number of Children	5 .6.	der	e	· · · · · · · · · · · · · · · · · · ·	
	, ,	5	D. D.		
Social Security Number	Soldania de la companya de la compan			<del>,                                    </del>	
Who may we thank for refer			128/15		
<ul> <li>Chiropractic seeks to maxing through the adjustment of configurations that interference in the chiropractic adjustment directional thrust to a region This is a safe, effective process.</li> <li>A thorough chiropractic examples.</li> </ul>	spinal subjuxation(s). So re with normal nerve pront process, as defined in on or regions of the spin cedure applied over one amination and evaluation by problems and chirons.	oubluxations are devi- rocesses. In the law of this jurishe with the specific in emillion times each of the standard of the st	ations from nor diction, involves tent of re-position lay doctors of chard chiropraction	the application in the applicati	n of a specific ned spinal segments. he United States alone.
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#### INFORMED CONSENT FOR CHIROPRACTIC CARE

CHIROPRACTIC CARE, LIKE ALL FORMS OF HEALTH CARE WHILE OFFERING CONSIDERABLE BENEFITS MAY ALSO PROVIDE SOME LEVEL OF RISK. THIS LEVEL OF RISK IS MOST OFTEN VERY MINIMAL, YET IN RARE CASES, INJURY HAS BEEN ASSOCIATED WITH CHIROPRACTIC CARE. THE TYPES OF COMPLICATIONS THAT HAVE BEEN REPORTED SECONDARY TO CHIROPRACTIC CARE INCLUDE: SPRAIN/STRAIN INJURIES, IRRITATION OF A DISC CONDITION, AND RARELY, FRACTURES. ONE OF THE RAREST COMPLICATIONS ASSOCIATED WITH CHIROPRACTIC CARE OCCURRING AT A RATE BETWEEN ONE INSTANCE PER ONE MILLION TO ONE PER TWO MILLION CERVICAL SPINE (NECK) ADJUSTMENTS MAY BE A VERTEBRAL INJURY THAT COULD LEAD TO A STROKE.

PRIOR TO RECEIVING CHIROPRACTIC CARE IN THIS CHIROPRACTIC OFFICE, A HEALTH HISTORY AND PHYSICAL EXAMINATION WILL BE COMPLETED. THESE PROCEDURES ARE PERFORMED TO ASSESS YOUR SPECIFIC CONDITIONS, YOUR OVERALL HEALTH AND IN PARTICULAR YOUR SPINAL HEALTH. THESE PROCEDURES WILL ASSIST US IN DETERMINING IF CHIROPRACTIC CARE IS NEEDED, OR IF ANY FURTHER EXAMINATIONS OR STUDIES ARE NEEDED. IN ADDITION, THEY WILL HELP US DETERMINE IF THERE IS ANY REASON TO MODIFY YOUR CARE OR PROVIDE YOU WITH A REFERRAL TO ANOTHER HEALTH CARE PROVIDER. ALL RELEVANT FINDINGS WILL BE REPORTED TO YOU ALONG WITH A CARE PLAN PRIOR TO BEGINNING CARE.

I UNDERSTAND AND ACCEPT THAT THERE ARE RISKS ASSOCIATED WITH CHIROPRACTIC CARE AND GIVE CONSENT TO THE EXAMINATION THAT THE DOCTOR DEEMS NECESSARY AND THE CHIROPRACTIC CARE, INCLUDING SPINAL ADJUSTMENTS, AS REPORTED FOLLOWING MY ASSESSMENT.

PRINT PRACTICE MEMBER'S NAME HERE

PRACTICE MEMBER IS A MINOR/CHILD, PARENT OR GUARDIAN MUST SIGN BELOW.

SIGNATURE OF PRACTICE MEMBER OR GUARDIAN

DATE

RELATIONSHIP TO MINOR/CHILD

#### XRAY AUTHORIZATION

AS YOUR HEALTHCARE PROVIDER, WE ARE LEGALLY RESPONSIBLE FOR YOUR CHIROPRACTIC RECORDS. WE MUST MAINTAIN A RECORD OF YOUR X-RAYS IN OUR FILES.

AT YOUR REQUEST, WE WILL PROVIDE YOU WITH A COPY OF YOUR X-RAYS IN OUR FILES. HOWEVER, THE REPRODUCTION OF X-RAYS THERE WILL BE \$15 SURCHARGE FOR THE DUPLICATION OF X-RAYS.

PLEASE NOTE: IF CLINICALLY NECESSARY X-RAYS ARE UTILIZED IN THIS OFFICE TO HELP LOCATE AND ANALYZE VERTEBRAL SUBLUXATIONS. THESE X-RAYS ARE NOT USED TO INVESTIGATE FOR MEDICAL PATHOLOGY. THE DOCTORS OF EXPRESS LIFE CHIROPRACTIC DO NOT DIAGNOSE OR TREAT MEDICAL CONDITIONS; HOWEVER, IF ANY ABNORMALITIES ARE FOUND, WE WILL BRING IT TO YOUR ATTENTION SO THAT YOU CAN SEEK PROPER MEDICAL ADVICE.

BY SIGNING BELOW, YOU ARE AGREEING TO THE ABOVE TERMS AND CONDITIONS. PRINT YOUR NAME HERE DATE SIGNATURE YOUR AGE FEMALE PATIENTS ONLY: TO THE BEST OF MY KNOWLEDGE, I BELIEVE I AM NOT PREGNANT AT THE TIME X-RAYS ARE TAKEN AT EXPRESS LIFE CHIROPRACTIC. SIGNATURE DO NOT WRITE BELOW THIS LINE For Office Use Only: Notes; PDR Date: CA Initials:

## Express Life Chiropractic's Appointment and Discontinue Policy

In our office we reserve our time to serve you and your family. We understand that life happens, and appointments may need to be changed or canceled for emergent reasons. In this event we request that you give our office a call within a minimum of **1 hour** prior to your scheduled appointment.

2 "no call no shows" are granted to a practice member in the event of an emergency but there is no tolerance for chronic "no call no shows". Following your 3<sup>rd</sup> "no call no show" our billing department will automatically apply a one time \$100 NCNS to the credit/debit card on file per family member at the end of the business day. Following this fee, the practice member and associated family members calendars will be deleted from our schedule. If the practice member at this point wishes to continue with their care, we will be happy to rebuild your care visits, but remember you have already exhausted our cancellation policy and there will be no more tolerance for missed visits. If you wish to restart care the cancellation policy will reset and the \$100 fee be applied on the first no call no show of your resigned care.

Be consistent with your care will get you the best results in our office!

I understand the above cancellation policy as well as penalty fees that could be applied to my credit/debit card.

In order to discontinue care, we require that you come into the office to go over your account with a team member. This should be scheduled 24 hours in advance to allow for ample time to audit your account. At that time, we will either schedule the refund (within 15 days) or take payment for any balance left of the account.

Printed Name:		
Signed:	Date:	